

INSTRUCTIONS FOR OUTDOOR SURVIVAL COURSE

WHAT TO EXPECT

We read about it or see it on the news almost every week. Someone becomes disoriented and lost while hiking, or a car runs off the road into a deep ravine, or a plane goes down, and in all cases, the victims have to make do with what they have on hand to survive. This course will help you survive, should you ever find yourself in such a situation.

We would like to make this as real as possible, so bring what you would normally carry with you if you were on a hike, riding in a car, in an airplane, horse riding, or biking. Can you survive the night on those items? (We do want you to get some sleep, so it's okay to bring a blanket or a sleeping bag.)

Please note: No pets are allowed. Also no tents, alcohol, or firearms.

Plan to arrive at 9:00 am on Saturday, June 1, 2024. The class will start promptly at 9:30 and run until noon.

12:00 noon: a box lunch will be provided. Be sure to check the box on the registration form indicating the type of lunch you would like.

1:00 pm: Part two of the seminar begins.

3:00 pm: Classroom seminar ends.

For those participating in the overnight portion:

3:30 pm: Transportation will be provided to take you to the overnight adventure.

- You will be divided into teams. Each team will have an experienced team leader.
- Once at your site, follow the guidance of your team leader. You will need to create a restroom area, set up camp, build a shelter, plan for signaling, and plan for food and water.
- No food or water will be provided.
- If you take medications, be sure to bring what you will need for the night.
- Expect to spend the entire night at the campsite.

Approximately 6:30 pm – 7:30 pm, an airplane will fly overhead in search of your “lost” team. Use your signals so they can identify you.

Each team will be assessed on the following:

- Working well together as a team
- Each person doing their part
- Applying skills learned in class
- First Aid
- Effectiveness signaling
- Fire starting skill
- Innovativeness

What to Bring:

Blanket or sleeping bag
Hat
Bug repellent
Drinking water
Appropriate clothing for overnight

Teams will be picked up at 7:00 am on Sunday, June 2, and returned to Columbia Basin College where there will be a debriefing and discussion.